[Title]

[First Author]

[Institution of the First Author]

[Second Author]

[Institution of the Second Author]

…

Contact Information:

[First Name, Last Name, and Academic Title of First Author]

[Name of Institution]

[Street Address of Institution]

[City, State/Province, and Postal Code of Institution]

[Country of Institution]

[Office Phone Number with Country Code]

[Office E-mail Address]

Abstract

Write a single paragraph, without indentation, that summarizes the key points of your manuscript in 150 to 250 words.

*Keywords:* Add 5 to 7 key words in capital letters, separated by commas.

# Heading Level 1

**Heading Level 2**

**Heading level 3.**

***Heading level 4.***

*Heading level 5.*

The body of your paper begins after the respective heading. In the case of an empirical study, you have four main sections, headlined with “Introduction”, “Method”, “Results”, and “Discussion”. Sections can be further divided into subsections with headings. For example, the introduction of an empirical study often ends with a passage that carries the subheading “Research Questions”. The Method section could maybe divided into Participants, Instruments, and Procedures subsections, the Discussion section into Main Findings, Limitations, Practical Implications, and Future Research. Note that going deeper than the third heading level is very seldom appropriate.

This template is formatted according to APA Style guidelines, with one inch top, bottom, left, and right margins, Times New Roman font in 12 point, double-spaced, aligned flush left, and paragraphs indented 5-7 spaces. The page number appears one inch from the right edge on the first line of each page, excluding the Figures page.

**References**

Below, you will find examples for most types of sources you will use in your manuscript: (1) Journal articles, (2) books, (3) edited books, (4) book chapters, (5) papers presented at a conference, (6) posters presented at a conference, (7) doctoral dissertations, and (8) Webpages. When in doubt about any particular detail, please follow the latest edition of the APA manual.

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Table 1

*Correlations Among and Descriptive Statistics For Key Study Variables*

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Variables | *M* (*SD*) | Sex | Age | Income | Educ. | Relig. | Dist. Intol. |
| Sex | 1.53 (.50) |  | .07 | -.09 |  .02 |  .14 |  .06 |
| Age | 31.88 (10.29) |  |  |  .08 |  .19\* |  .20\* |  .01 |
| Income | 2.60 (1.57) |  |  |  | .04 | -.14 | -.09 |
| Educ. | 3.44 (1.06) |  |  |  |  |  -.29\* | -.06 |
| Relig. | 1.21 (.30) |  |  |  |  |  |  -.19\* |
| Dist. Intol. | 3.75 (1.19) |  |  |  |  |  |  |

*Notes. N*’s range from 107 to 109 due to occasional missing data. For sex, 0 = male, 1 = female. Educ. = education. Dist. Intol. = distress intolerance. Relig. = religiosity.

\* *p* < .05.

Alcohol Consumption

Frugality

Amount that Gets Spent on Alcohol

Figure 1. This simple path model, adapted from results in a *Journal of Consumer Behaviour* paper, is an example of a figure. The figure appears on the last page (although in the rare case that you have an appendix, the appendix would follow the figure).